

Article

Electronic States of Epigallocatechin-3-Gallate in Water and in 1,2-dipalmitoyl-sn-glycero-3-phospho-(1′ **-rac-glycerol) (Sodium Salt) Liposomes**

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Abstract: In this work, the spectroscopy of epigallocatechin-3-gallate (EGCG) and EGCG bonded to 1,2-dipalmitoyl-sn-glycero-3-phospho-(1′ -rac-glycerol) (sodium salt) (DPPG) lipid is studied both experimentally by combining high-resolution vacuum ultraviolet (VUV) photo-absorption measurements in the 4.0–9.0 eV energy range and by theoretical calculations using density functional theory (DFT) methodology. There is a good agreement between the experimental and theoretical data, and the inclusion of the solvent both implicitly and explicitly further improves this agreement. For all experimentally measured absorption bands observed in the VUV spectra of EGCG in water, assignments to the calculated electronic transitions are provided. The calculations reveal that the spectrum of DPPG-EGCG has an intense peak around 150 nm, which is in accordance with experimental data, and it is assigned to an electron transfer transition from resorcinol–pyrogallol groups to different smaller groups of the EGCG molecule. Finally, the increase in absorbance observed experimentally in the DPPG-EGCG spectrum can be associated with the interaction between the molecules.

Keywords: EGCG; epigallocatechin-3-gallate; 1,2-dipalmitoyl-sn-glycero-3-phospho-(1′ rac-glycerol) (sodium salt); DPPG; VUV; electronic transitions; water; liposome; molecular interaction

1. Introduction

Natural anti-inflammatory and antioxidant molecules, such as catechins, prevent and slow down the cascade of oxidative events in biomolecules (such as DNA, phospholipids, and proteins) caused by oxidative stress $[1-10]$ $[1-10]$. Considering this, catechins have been integrated into various scaffolds in tissue engineering and regenerative medicine to expedite healing [\[11–](#page-24-2)[14\]](#page-24-3), promote tissue regeneration [\[15](#page-24-4)[–20\]](#page-24-5), and modulate angiogenesis [\[21](#page-24-6)[–25\]](#page-25-0).

The amount of catechins like Epigallocatechin-3-gallate (EGCG) in one cup of green tea is enough to inhibit the reactivity of reactive oxygen species (ROS) inside the body,

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thereby reducing oxidation-induced lesions [\[26–](#page-25-1)[29\]](#page-25-2). Moreover, EGCG could reduce side effects stemming from radiation exposure in human dermal fibroblast cells [\[30–](#page-25-3)[38\]](#page-25-4).

Our previous studies revealed that the incorporation of EGCG protects the 1,2 dipalmitoyl-sn-glycero-3-phospho-(1′ -rac-glycerol) (sodium salt) (DPPG) membrane, namely the phosphate and carbonyl groups of phospholipids, from oxidative stress induced by ultraviolet (UV) radiation [\[39](#page-25-5)[–41\]](#page-25-6). Therefore, it is crucial determine the maximum amount of EGCG that can be immobilized into phospholipid membranes and reveal the chemical reactivity underlying its antioxidant activity so that these molecules could further be implemented in food packing systems, cosmetics, and cancer therapeutics.

The bioactivity of catechins depends on its structural and molecular properties, which can be determined by spectroscopic experiments combined with theoretical calculations. For instance, Antonczack and co-workers [\[42\]](#page-25-7) obtained catechin dipole moment values of 3.22 D and 4.05 D associated with the rotation of the catechol moiety around the C2C1'bond using the B3LYP/6-31++G(d,p) density functional method. The molecular simulations for catechin showed that its HOMO and LUMO orbitals are localized either on the ACconjugated ring (Figure [1\)](#page-2-0) or on the catechol moiety and that electron transfer does not occur from AC rings towards the B ring under the deprotonation of the O3H and O4′H hydroxyl groups. Regarding the hydrogen abstraction process, simulations have shown that it causes small deformations on each structural motif and leads to the formation of four stable radicals: $4'$ -O[•], $3'$ -O[•], 5 -O[•], and 7 -O[•] for catechin [\[43\]](#page-25-8). These molecular simulations reveal that catechins use two essential mechanisms for free radical scavenging: the single electron transfer (SET) and the hydrogen atom transfer (HAT). The antioxidant efficiency of each type of catechin involving the HAT mechanism is correlated with the bond dissociation enthalpy (BDE) of the phenolic O−H bond, meaning that catechins with lower BDE values are easily deprotonated and, thus, much more effective in radical scavenging. For instance, molecular simulations estimated a BDE value of 66.46 kcal/mol for the hydroxyl group at position 5' in ring B of catechin, making it the most reactive aromatic ring during the elimination of excessive ROS [\[44\]](#page-25-9). Moreover, the differences in scavenger behavior of catechin stereoisomers, like (+)-catechin and (-)-epicatechin, arise due to the variations in the intrinsic chemical reactivity and the position–orientations of the B ring concerning the C ring $[45,46]$ $[45,46]$. Indeed, the sites for electrophilic attack and electron charge distribution on hydroxyl groups attached to rings are different in these molecules, thus generating different intermediate oxidation products (e.g., semiquinone and quinone products).

Despite the presence of phenolic hydroxyl groups increasing the antioxidant/scavenging activity of catechins, it is known that the oxidation of the catechol group on the B ring of catechin produces catechins by-products (quinone derivatives) that can cause adverse effects on biomolecules. According to electrochemical measurements, catechin's oxidation is a pH-dependent mechanism, where the catechol B ring is more easily oxidizable because it has a lower redox potential [\[47\]](#page-26-0). At very low positive potentials, (+)-catechin has a high radical scavenging activity, because there occurs a reversible oxidation in its catechol moiety. This scavenging activity increases at neutral pH due to the deprotonation of the trihydroxyl group in the B moiety (3'4'5'-OH), which facilitates electron transfer [\[48\]](#page-26-1). It is expected that, besides the pH, other parameters such as the solvent type and temperature influence the antioxidant and ROS scavenger properties of catechins. For instance, the position of the maximum absorbance peak of EGCG is centered at 273 nm in water but shifts towards higher wavelengths in methanol (276 nm). Moreover, the effect of the solvent environment on the spectroscopic properties of gallic acid [\[49,](#page-26-2)[50\]](#page-26-3) and dihydro-xybenzene [\[51–](#page-26-4)[53\]](#page-26-5), which are parts of EGCG, have been also studied both theoretically and experimentally [\[49](#page-26-2)[–55\]](#page-26-6).

Even though there are many studies on EGCG and its components, as far as we know, Even though there are many studies on EGCG and its components, as far as we know, the characterization of the low-lying electronic and ionic states of catechins has not been the characterization of the low-lying electronic and ionic states of catechins has not been conducted, namely in the high-resolution vacuum ultraviolet (VUV) energy range. This conducted, namely in the high-resolution vacuum ultraviolet (VUV) energy range. This knowledge is relevant to assess the role of certain electronic states participating in key knowledge is relevant to assess the role of certain electronic states participating in key antioxidant reaction mechanisms. antioxidant reaction mechanisms.

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Figure 1. Chemical structures of: (**a**) EGCG and (**b**) DPPG. **Figure 1.** Chemical structures of: (**a**) EGCG and (**b**) DPPG.

In the present work, we used both experimental VUV photo-absorption measurements, in the 4.0–9.0 eV energy range, and molecular simulations using the DFT methodology, to characterize the electronic transitions of the EGCG molecule in a water solvent. Furthermore, the electronic transitions of EGCG were also analyzed upon its interaction with with DPPG phospholipids, considering the biological role of this molecule in protecting DPPG phospholipids, considering the biological role of this molecule in protecting cellular membranes against UV radiation-induced damage.

2. Results and Discussion 2. Results and Discussion

2.1. VUV Characterization of EGCG 2.1. VUV Characterization of EGCG

Figure 2a shows the VUV spectrum of EGCG cast thin films prepared from aqueous Figure [2a](#page-3-0) shows the VUV spectrum of EGCG cast thin films prepared from aqueous solutions. This spectrum reveals seven bands centered at the following wavelengths: 140, \sim 159, 172, 212, 228, 272, and 292 nm. Table 1 shows the positions of the absorption bands 159, 172, 212, 228, 272, and 292 nm. Table [1](#page-3-1) shows the positions of the absorption bands detected in the VUV spectrum of an EGCG cast film as well as the respective FWHM and detected in the VUV spectrum of an EGCG cast film as well as the respective FWHM and the assignments of the electronic transitions involved; see discussion below. the assignments of the electronic transitions involved; see discussion below.

respective assignments of the electronic transitions observed in the VUV spectra of EGCG in a water solvent. (Reported assignments are given in parentheses.) **Table 1.** Position of the absorption bands in nm, full widths at half height (FWHW), and their

Figure 2. (a) Measured VUV absorption spectrum of EGCG cast film prepared from water solutions; (**b**) calculated absorption spectra of EGCG in water; 1: 6-31G(d,p), 2: 6-311+G(d,p).

2.2. Calculations of EGCG in Water

2.2. Calculations of EGCG in Water 2.2.1. Conformational Analysis and Energetics

DFT and TD-DFT calculations were carried out using the B3LYP, M06-2X, PBE0, ωB97XD functionals and the MP2 perturbation theory in conjunction with the 6-31G(d,p) and 6-311+G(d,p) basis sets to study the geometry and the electronic structure of EGCG in a water solvent. First, a conformational analysis was carried out to find the lowest energy minimum structures of EGCG. Eight stable minima of EGCG were obtained, as shown in Figure [3a](#page-4-0)-h. The solvent was included implicitly and explicitly with one, seven, and eleven water molecules, as shown in Figure [4.](#page-5-0) Eleven water molecules were added because the EGCG molecule has eleven oxygen atoms, while seven water molecules were added because, after the interaction of lipids with catechin, seven oxygen atoms were free to form van der Waals bonds with the water molecules, as shown in Figure [4.](#page-5-0) In addition, the interaction of the DPPG lipid with EGCG was calculated via the ONIOM method in a water solvent with and without the implicit inclusion of water molecules; see Section [3:](#page-11-0) Materials and Methods. The energetics and selected geometries of the minimum structures are presented in Table [2.](#page-4-1) Additionally, the interaction energy between water molecules and EGCG was calculated, and the corrected values for the basis set superposition error (BSSE) are also provided in Table [2.](#page-4-1)

The eight stable isomers of the EGCG molecule can be split into two groups: the first contains the **a**–**d** isomers and the second the **e**–**h** isomers, where a van der Waals bond H. . .O between the H of the pyrogallol ring and O of the gallate ring of about 1.98 Å is H…O between the H of the pyrogallol ring and O of the gallate ring of about 1.98 Å is formed, as shown in Figure [3.](#page-4-0) The isomers differ in the relative positions of the H atoms of the OH groups. Note that both the pyrogallol and the resorcinol rings rotate with respect to the gallate ring when this type of van der Waals interaction is formed, as shown in Figure [3.](#page-4-0) These rotations result in an increase in the relative energy of about 0.5 kcal/mol. These eight isomers are lying energetically within 3.4 kcal/m[ol](#page-4-1) in water; see Table 2. Note that, in the gas phase, they are all within 6.0 kcal/mol and the relative ordering is different within each of the two groups. However, in both cases, the most stable isomer is the same minimum. Additionally, all used methodologies predicted the same geometry. The dihedral angles between the resorcinol, gallate, and pyrogallol rings in water, dRG, dRP, and dGP are about

117, 92, and 38 degrees for the **a-d** isomers and change to 155, 98, and 60 degrees for the e-h isomers where the H. . . O bonds are formed, respectively. Note that the dRP dihedral

Figure 3. Calculated minima structures of EGCG. Relative energies (kcal/mol) in water (in the gas phase). **Figure 3.** Calculated minima structures of EGCG. Relative energies (kcal/mol) in water (in the gas phase).

Figure 4. Lowest energy structures of EGCG, EGCG_w, EGCG_7w, EGCG_11w, DPPG_EGCG, DPPG_EGCG_w, and DPPG_EGCG_7w.

The interaction of one water molecule with EGCG (see EGCG_w, Figure [4\)](#page-5-0) was calculated at -6.15 (-5.35) [-4.65] in a water solvent via the ω B97XD (MP2) [PBE0] method in conjunction with the 6-311+G(d,p) basis set. The BSSE error is about 1 kcal/mol, i.e., -5.05 (-4.29) [-3.63] kcal/mol. The addition of the dispersion corrections increases water molecule and EGCG, and their calculated bond distances are 2.233 [2.284] Å and **2.073 [2.071] Å with the ωB97XD/6-311+G(d,p) [PBE0/6-311+G(d,p)] methods, showing** that both functionals predict similar O. . .H bonds. the calculated values of the interaction energy. Two O. . .H bonds are formed between the

The interaction energy between EGCG and the DPPG lipid was calculated at −8.9[8.5] kcal/mol, while between EGCG and the DPPG lipid + 7 water molecules was calculated at -9.6[9.4] kcal/mol at the PM6:PBE0/6-31G(d,p)[PM6:PBE0/6-311+G(d,p)] levels of theory; see the minima structures in Figure 4.

PBE0/2 e 2.27 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.992 1.0 2.2.2. Calculated VUV Absorption Spectra of EGCG

Comparing the different functionals used, we observe that they present the same general shape of the absorption spectrum of the EGCG. However, there are some differences, as shown in Table [3.](#page-6-0) The B3LYP and PBE0 functionals are in close agreement with the entire B3LYP spectrum moved to lower energies by about 0.3 eV, while the M06-2X spectrum observed in other molecules; see, for instance, reference [\[58\]](#page-26-9). Comparing the absorption spectrum in the gas phase and in a water solvent, for all functionals, the peaks are slightly shifted in the solvent by about 10 nm (about 0.1–0.2 eV) and, in most cases, to lower energies. Finally, comparing the two basis sets 6-31G(d,p) and 6-311+G(d,p), the large basis set presents peaks shifted to lower energies. While the shifts are not large in the case of the lower energy transitions, in the high-energy cases, there are very large shifts. The lowering presents some differences. This relative behavior of the three functionals used has been

of the energy is up to 1.6 eV in all functionals for the largest basis set, as shown in Table $\mathbf{A}1$ in Appendix [A.](#page-14-1) Thus, the 350 singlet excited states of EGCG are located within 4.20–10.72 at PBE0/6-31G(dp), while they are located within 4.25–9.16 at PBE0/6-311+G(d,p). The calculated absorbance spectra of EGCG in a water solvent at $B3LYP/6-311+G(d,p)$, PBE0/6- $31G(dp)$, and $PBE0/6-311+G(d,p)$ using a 0.25 eV UV-vis peak half width at half height are depicted in Figure [2b](#page-3-0) along with the experimental spectrum. We observe that PBE0 is in better agreement with the experimental spectra and the $PBE0/6-311+G(d,p)$ methodology predicts better the spectra of EGCG in water.

Table 3. Absorption maxima, λ_{max} (nm), vertical excitation energies $\Delta E_v^a(eV)$ S₀ → S₁ absorption maxima corresponding to |H→L>, and f-values of the isomers of the EGCG molecule at different levels of theory in the gas phase and in water; 1: B3LYP, 2: M06-2X, 3: PBE0, i: 6-31 $G(d,p)$, ii: $6 - 311 + G(d,p)$.

min		λ_{max}	ΔE_v^a	$\mathbf f$										
In the gas phase														
a	1 _i	292.8	4.24	0.001	264.2	4.69	0.277	209.8	5.91	0.168	194.9	6.36	0.601	
$\mathbf b$	1i	293.1	4.23	0.0001	264.1	4.70	0.276	209.6	5.92	0.154	194.8	6.37	0.486	
$\mathbf c$	1 _i	297.7	4.16	0.002	263.7	4.70	0.279	209.9	5.91	0.123	195.6	6.34	0.381	
$\mathbf d$	1i	301.5	4.11	0.001	266.3	4.66	0.284	210.4	5.89	0.213	195.2	6.35	0.654	
e	1 _i	312.5	3.97	0.002	256.3	4.84	0.233	204.6	6.06	0.080	194.6	6.37	0.420	
$\mathbf f$	1i	314.5	3.94	0.002	256.4	4.84	0.236	204.4	6.07	0.068	194.8	6.37	0.436	
g	1 _i	320.2	3.87	0.003	258.6	4.79	0.254	207.8	5.97	0.060	197.7	6.27	0.528	
${\bf h}$	1i	322.4	3.85	0.003	238.1	5.21	0.126	220.5	5.62	0.033	196.5	6.31	0.480	
In the gas phase														
a	1i	292.8	4.24	0.001	264.2	4.64	0.277	209.8	5.91	0.168	194.9	6.36	0.601	
a	1ii	286.0	4.33	0.027	268.8	4.61	0.193	216.8	5.72	0.123	203.7	6.09	0.420	
a	2i	250.6	4.95	0.019	236.8	5.24	0.311	194.1	6.39	0.458	185.2	6.70	0.624	
a	2ii	256.5	4.83	0.023	242.5	5.11	0.214	215.8	5.74	0.054	203.4	6.10	0.421	
a	3i	274.6	4.51	0.001	255.8	4.85	0.261	203.4	6.09	0.158	185.8	6.67	0.467	
a	3ii	276.2	4.49	0.027	261.4	4.74	0.166	227.3	5.45	0.058	209.7	5.91	0.266	
	In the water solvent													
a	1 _i	305.0	4.06	0.001	274.9	4.51	0.352	213.3	5.81	0.222	197.7	6.27	1.059	
a	1ii	302.6	4.10	0.002	276.1	4.49	0.354	218.3	5.68	0.123	207.1	5.99	0.332	
a	2i	253.6	4.89	0.025	244.3	5.07	0.419	197.7	6.27	0.416	187.8	6.60	1.252	
a	2ii	257.4	4.82	0.027	246.9	5.02	0.399	217.7	5.70	0.054	202.6	6.12	0.429	
a	3i	285.0	4.35	0.001	266.1	4.66	0.311	207.9	5.96	0.276	194.5	6.37	0.678	
a	3ii	283.7	4.37	0.001	267.6	4.63	0.309	213.5	5.80	0.276	201.4	6.16	0.375	
e	3ii	282.5	4.39	0.013	263.0	4.71	0.202	203.5	6.09	0.646	200.5	6.18	0.292	

The main absorption bands for each of the local structure minima for the eight calculated isomers are presented in Table [3.](#page-6-0) The spectra are depicted in Figures [2b](#page-3-0) and [A1,](#page-19-0) Figures [A2](#page-21-0)[–A4](#page-23-0) in Appendix [A.](#page-14-1) The overall shape of the absorption spectra for the different isomers is the same. However, there are some differences between the two groups of isomers, i.e., the existence of the van der Waals H. . .O bond between the H atom of the pyrogallol ring and O of the gallate ring results in some shifts in the low-energy peaks. For example, the first excitation $SO \rightarrow SL$, which corresponds to a HOMO $\rightarrow LUMO$ (H $\rightarrow L$) excitation and is a CT state, shifts to lower energies by 20 nm for the second group of the isomers forming van der Waals (vdW) bonds. Similarly, the peak of the first group of the isomers (no vdW bond) at 264 nm is shifted to 256 nm in the second group of the isomers.

On the contrary, the maximum peak at about 195 nm remains the same for both groups of isomers, as shown in Table [3.](#page-6-0) Overall, there is a very good agreement between the experimental spectrum and the computational ones, as shown in Figure [2.](#page-3-0) In Figure [2b](#page-3-0), the experimental spectrum shows a shoulder peak at 228 nm. Computationally, this shoulder corresponds to a peak at 214 nm (see Table [1\)](#page-3-1), which is blue-shifted about 14 nm and, thus, it is observed as a shoulder at the UV-vis absorption spectrum.

The PBE0/6-311+G(d,p) electron density plots of the frontier orbitals involved in the most important absorption excitations of the EGCG molecule in water are depicted in Figures [5](#page-7-0) and [A3.](#page-22-0) In Table [1,](#page-3-1) the absorption bands and their respective assignments of the electronic transitions observed in the VUV spectra of EGCG in water are presented. The S1 excitation corresponds to a CT state from resorcinol and pyrogallol to gallate. The following three excitations present a similar character to that of S1. S5, which presents a high oscillator strength, corresponds to the $n-\pi^*$ transition involving oxygen electrons from gallic acid, i.e., the excited electron remains in the gallate group. At 200 nm, there are peaks with high oscillator strengths where the electron is located to resorcinol, gallate, or resorcinol groups. At 140 nm, partial CT states exist, where electron transfer is observed from resorcinol–pyrogallol groups to different smaller groups of the EGCG molecule.

Figure 5. TPBE0/6-311+G(d,p) electron density plots of the frontier orbitals involving the most portant absorption excitations of the EGCG molecule in water. important absorption excitations of the EGCG molecule in water.

Previous calculations using gallic acid [49] have shown that the explicit inclusion of Previous calculations using gallic acid [\[49\]](#page-26-2) have shown that the explicit inclusion of water molecules affects the spectra of gallic acid, i.e., the explicit inclusion of 1–8 water water molecules affects the spectra of gallic acid, i.e., the explicit inclusion of 1–8 water molecules provided a correct picture for IR vibrations, but in the case of UV, showed a molecules provided a correct picture for IR vibrations, but in the case of UV, showed a large red shift that did not reproduce the experimental findings and it was attributed to an overestimation of solvent effects. In this paper, to evaluate the importance of the inclusion of water, we added the solvent explicitly, i.e., in addition to considering water via its dielectric constant, we added a water molecule at the DFT level of theory, and we added seven and eleven water molecules at the ONIOM level of theory. Their absorption spectra for EGCG_7w (7 water molecules) and EGCG_11w (11 water molecules) are almost the same, showing that the results converged at the ONIOM level of theory. The main absorption maxima are presented in Table 4 an[d t](#page-9-0)he calculated spectra are shown in Figure $6\,$

and in Figures [A3](#page-22-0) and [A4](#page-23-0) for the lowest two minima (a and e) from the two groups of minima. We observe that the inclusion of one water molecule results in a better agreement with the experimental spectra for the peak at 4.6 eV. However, the agreement with the experiment is not as good when seven or eleven water molecules are included, affecting the relative absorbance of the first and the second peaks. The oscillator strength of the second major emission is significantly larger when compared to the first one. Thus, our best result is obtained when one water molecule is added at the DFT level of theory. Regarding the two minima structures a and e and the relative positions of the two first major peaks at 267 and 203 nm, we observe that the ratio of the oscillator strengths of the peaks f203/f267 is 1.2(1.1) for a and 3.2(2.4) for e, without(with) the explicit inclusion of water at the PBE0/6-311G(d,p) level of theory, showing that the two different groups of minima present a different relative ratio of oscillator strengths. However, given that the population of the excitations in the area of 203 nm is very large, and with respect to the population of the excitations in the area of 267 nm, the difference in the shape of the absorbance spectrum is not very different for the two minima. Finally, it should be noted all three functionals, B3LYP, PBE0, and ωB97XD, combined with the 6-31G(d,p) and 6-311+G(d,p) basis sets, predict similar absorption peaks. The B3LYP and PBE0 predict almost the same λ values, while ω B97XD predicts blue-shifted values by about 10 nm compared to the B3LYP and PBE0 values. The inclusion of dispersion corrections via the ωΒ97XD functional results in more intense peaks (see f-values (oscillator strengths)) and a blue shift of the calculated absorption spectra. Among the functionals $\frac{1}{2}$ used, the PBE0 and B3LYP functionals are in better agreement with the experimental values; see Tables [1](#page-3-1) and [4.](#page-9-0) θ

Figure 6. (a) Calculated UV-visible absorption spectrum of EGCG in water, explicitly including water molecules. (**b**) Calculated UV–visible absorption spectrum of EGCG within DPPG_EGCG in water, explicitly including water molecules.

The finite are thousand be noticed that, not the pears at 110 Tah, the included of water) to 143.5 slightly from 134.7 (without the explicit inclusion of water) to 136.1 (one water) to 143.5 (seven water) to 14[4.](#page-9-0)6 nm (eleven water molecules); see Table 4. Moreover, it should be noted that water has a very small UV peak at 146.4 nm (see Figure [6a](#page-8-0)), which only slightly influences the spectrum of EGCG. Finally, regarding the small basis, the explicit inclusion **EGCG** of the solvent has the same effect as the large basis set and the peaks of the high energy are shifted to even larger energies (see Figures [A3](#page-22-0) and [A4\)](#page-23-0). It should be noted that, for the peak at 140 nm, the inclusion of water shifts the peak

Table 4. Absorption maxima, λmax (nm), vertical excitation energies $\Delta E_v^a(eV)$ S0→Sx absorption maxima, and f-values of the lowest energy a isomer of the EGCG molecule in a water solvent interacting with DPPG; 1: B3LYP, 2: PBE0, 3: ωB97XD, i: 6-31G(d,p), ii: 6-311+G(d,p).

[a] minimum of EGCG. [b] DPPG in the DPPG_EGCG geometry. [c] Geometry-optimized D.

2.3. Interaction of EGCG with DPPG Lipid

The VUV characterization of DPPG emulsions and thin films was carried out and the absorbance spectrum of DPPG thin films shows four bands at A) 138.2 ± 0.4 , B) 145.8 ± 0.4 , C) 169.8 \pm 0.3, and D) 192 \pm 2 nm [\[59\]](#page-26-10). These were assigned to: A) the π _{C=O} $\rightarrow \pi^*$ _{CO} transition; B) to the phosphate group transitions; C) to several assignments as the second lone pair orbital on the carbonyl group oxygen, a transition in the carboxyl group, the promotion of an electron from the highest filled molecular orbital to an antibonding orbital of O-H, and water dissociation; D) either to the $n'_{\rm O}{\rightarrow} \pi^*_{\rm CO}$ transition from the lone pair on the carbonyl oxygen to the antibonding π_{CO} valence orbital or to the valence shell electronic excitations of hydroxyl groups [\[55\]](#page-26-6). Therefore, as one would expect, the VUV spectrum of DPPG-EGCG is quite like the one of EGCG, as observed in Figure [7a](#page-10-0), which presents the

obtained VUV spectra of EGCG and DPPG-EGCG cast thin films prepared from aqueous solutions or emulsions.

Theoretically, the UV-vis spectra of EGCG in a water solvent with or without the explicit water molecule and with or without the presence of DPPG is shown in Figure [7b](#page-10-0). Note that, in the calculation of the EGCG spectra in DPPG_EGCG and DPPG_EGCG_w, only the part of the spectra that belongs to the EGCG molecule is obtained. The spectrum that belongs to DPPG is plotted alone (pink line). Theoretically, the interaction of EGCG with lipids only slightly shifts its relative positions of the peaks, by about 6 nm, in agreement with the experimentally measured spectrum, and the explicit inclusion of one water molecule improves this agreement further regarding the relative absorbance of the peaks (see Figure [7b](#page-10-0)). Similarly, the spectra of the free DPPG and the interaction of DPPG with EGCG are similar, i.e., only small shifts up to 5 nm are observed (see Table [4\)](#page-9-0), with the spectra of the interacting DPPG presenting a larger f-value than that of the free DPPG due to the interaction.

peak around 150 nm, which is assigned to an electron transfer transition from resorcinolpyrogallol groups to different smaller groups of the EGCG molecule. It was measured experimentally that the relative absorbance of the peaks changes mainly around this area and the peak around 150 nm becomes an intense one. Our calculated separated spectra of the DPPG part and EGCG part of the DPPG-EGCG, presented in Figure [7,](#page-10-0) show that the increase in absorbance, which is observed experimentally in the EGCG spectrum interacting with DPPG in this area, could be attributed both to the DPPG spectrum and the EGCG-DPPG interaction. Both the experimental and calculated spectra of EGCG and of DPPG-EGCG have a

Regarding the two minima a (no vdW) and e (including vdW interaction) and the relative positions of two first major peaks at 267 and 203 nm, we observe that the ratio of the oscillator strengths of the peaks f203/f267 is 1.2(1.1) for a and 3.2(2.4) for e, without(with) the explicit inclusion of water at the PBE0/6-311G(d,p) level of theory, while the interaction with DPPG changes the ratio at 2.0(1.3) and 3.4(2.6). We observe that the explicit inclusion of water results in a similar ratio with and without the interaction of the lipid. The lipid results in a small increase in the ratio of the two peaks. Again, given that many excitations are located in the area of 203 nm, while only a few are in the area of 267 nm, the difference in the shape of the absorbance spectrum of the two minima is not very different. Finally, our results follow other experimental and computational methods [\[30](#page-25-3)[,36\]](#page-25-13), in which the EGCG molecules are deep inside the lipid bilayer, positioned below the lipid ester groups, generating a concentration-dependent lipid condensation.

3. Materials and Methods

3.1. Experimental Details

3.1.1. Chemicals

Epigallocatechin-3-gallate (EGCG) (M.W. of 458.4 g/mol) and 1,2-dipalmitoyl-snglycero-3-phospho-(1'-rac-glycerol) (sodium salt) (DPPG) (M.W. of 744.96 g/mol) were purchased from MilliporeSigma (Burlington, MA, USA) and Avanti Polar Lipids (Alabaster, AL, USA), respectively, and their chemical structures are shown in Figure [1.](#page-2-0)

3.1.2. Preparation of Liposomes Entrapping EGCG

Liposomes were prepared by dissolving phospholipids in a mixture of chloroform and methanol 4:1 (*v*:*v*) to achieve a concentration of 5 mM [\[37\]](#page-25-12). The chloroform and methanol molecules were then evaporated with a stream of nitrogen leaving the lipid molecules deposited on the walls of the falcon tube as a thin film. Ultrapure water (Millipore GmbH, Billerica, MA, USA) or a 450 µM EGCG aqueous solution was added to these lipid films hydrating them for a period of two hours. DPPG or DPPG-EGCG liposomes were obtained after sonication with a tip sonicator (UP50H, Hielscher Ultrasonics, GmbH, Teltow, Germany) of vesicle suspensions in an ice bath. The sonication procedure was repeated 15 times with 1 min intervals between sonication cycles of 30 s. The determination of the encapsulation efficiency of EGCG molecules followed the protocol presented in [\[39\]](#page-25-5). Briefly, DPPG+EGCG liposomes were submitted to dialysis using the membranes of regenerated cellulose (Spectra/Pro, Biotech, Minneapolis, MN, USA) with a cut-off size of 8–10 kDa to remove untrapped EGCG molecules. The calculated encapsulation efficiency of EGCG in DPPG liposomes was 67%.

3.1.3. Thin Films

The films were deposited on calcium fluoride substrates for spectroscopy studies. The substrates were cleaned with a 2% Hellmanex aqueous solution (Hellma™, Müllheim, Germany) for 1 h and then rinsed exhaustively with pure water. Films of EGCG, DPPG, and DPPG-EGCG were obtained by casting the EGCG aqueous solution (450 μ M) and the DPPG and DPPG-EGCG vesicles suspensions onto calcium fluoride disks. The water was removed by submitting the samples to primary vacuum during 12 h. All the films were prepared and characterized at room temperature.

3.1.4. Characterization by Vacuum Ultraviolet (VUV) Spectroscopy

The high-resolution VUV photo-absorption spectra of the cast films were recorded at the ultraviolet beamline of the synchrotron radiation facility ASTRID2 [\[60\]](#page-26-11) at Aarhus University, Denmark. The setup consists of a sample vacuum chamber containing up to three CaF² sample disks and one reference disk mounted on an MDC SBLM-266-4 push– pull linear motion. The VUV beam light passed through the disks and the transmitted intensity was measured at 1.0 nm intervals using a photomultiplier detector (Electron Tubes Ltd., Uxbridge, UK). The transmitted light intensity and the synchrotron beam ring current were measured at each wavelength, with a typical resolution that is better than 0.08 nm. The sample chamber had $MgF₂$ entrance and exit windows. The minimum wavelength was determined by the $CaF₂$ substrates so that the lowest wavelength at which reliable data could be collected was ~125 nm. To avoid absorption from molecular oxygen in the air for wavelengths below 190 nm, a small gap between the sample chamber exit window

and the photomultiplier detector was flushed with He gas. To calculate the absorbance, the light intensity spectra of a clean $CaF₂$ disc/or quartz cuvette were measured before and after measuring the spectrum of the disc covered with the EGCG film.

The subtraction of the baseline was used to highlight the electronic transitions in the spectra. As the scattering contribution is rather strong from the sample films, a slight over-correction may result in apparently negative absorbance in small sections of the spectra. However, the importance of the scattering correction is not to correctly model the scattering in the experiment, but to make the transitions easily identifiable and comparable to theoretical calculations.

3.2. Theoretical Methods

The electronic structure of the EGCG molecule was calculated via density functional theory (DFT) and time-dependent DFT (TDDFT) calculations using the B3LYP [\[61,](#page-26-12)[62\]](#page-26-13), M06-2X [\[63,](#page-26-14)[64\]](#page-26-15), PBE0 [\[65](#page-26-16)[–67\]](#page-26-17), and ωB97XD [\[68\]](#page-26-18) functionals and second-order perturbation theory, MP2, in conjunction with the 6-31G(d,p) $[69]$ and 6-311+G(d,p) $[69]$ basis sets. At first, conformational analyses were carried out using the B3LYP function to calculate the most stable minimum structure in the gas phase and water. The solvent was implicitly included employing the polarizable continuum model (PCM) [\[70\]](#page-26-20). In total, eight stable isomers were calculated; see Figure [3.](#page-4-0)

To find the low energy minima, geometry optimization calculations were carried out, including the solvent implicitly, explicitly, and both implicitly and explicitly. In addition, the interaction of the DPPG lipid with EGCG was calculated via the ONIOM method [\[71–](#page-26-21)[73\]](#page-27-0) in a water solvent with and without the implicit inclusion of water molecules. The system was defined as two regions (layers), with the high layer that was the EGCG calculated at the PBE0/6-31G(d,p) and PBE0/6-311+G(d,p) levels of theory and the low layer, which was the lipid calculated at the PM6 level of theory. Finally, the implicit inclusion of water molecules was performed either at the DFT level of theory or at the semi-empirical method, adding one, seven, and eleven water molecules. We decided to add eleven water molecules because the EGCG molecule has eleven oxygen atoms, and we added seven water molecules because, after the interaction of lipids with catechin, seven oxygen atoms were free to form van der Waals bonds with the water molecules; see Figure [4.](#page-5-0) The interaction energy between water molecules and EGCG was calculated, and it was corrected for the basis set superposition error (BSSE) using the counterpoise procedure [\[74](#page-27-1)[,75\]](#page-27-2), since such corrections are especially important for vdW systems [\[76\]](#page-27-3).

The absorption spectrum of EGCG in the gas phase and water solvent implicitly, explicitly, and both implicitly and explicitly was calculated. In addition, the absorption spectrum of EGCG-DPPG species in a water solvent with and without the explicit inclusion of water was calculated. The effect of the implicit and explicit water solvent in the spectra was studied, as well as the interaction of the DPPG lipid. All calculated spectra were obtained through the inclusion of up to 350 singlet-spin excited electronic states, i.e., the spectra were in the range from 4 to 11 eV. It should be noted that the absorption spectrum of EGCG-DPPG was calculated via the ONIOM methodology, in order to isolate the spectrum of EGCG from the spectrum of the DPPG lipid. Finally, the DPPG spectrum was calculated.

Finally, it should be noted that the DFT and TD-DFT methodologies are appropriate for the calculation of the present systems. The EGCG, DPPG_EGCG, EGCG_xW, and DPPG_EGCG_xW systems are all closed shell, and a single-reference method, such as DFT, is appropriate both for geometry and energetics. Additionally, the DFT methodology contains part of both static and dynamic correlations, while methods such as the CASSCF methodology, which are necessary for the study of multireference systems such as radicals [\[51\]](#page-26-4), do not treat the dynamic correlation [\[77\]](#page-27-4). However, for the accurate study of the

vibration modes, CASSCF presents a good agreement with the experimental vibrational modes on similar systems [\[51\]](#page-26-4). The TD-DFT methodologies used has been used in similar systems and they can be regarded as adequate for the present study [\[78](#page-27-5)[,79\]](#page-27-6). Calculations on caffeine molecules, including the first sphere of hydration, have shown that, for the calculation of the absorption spectrum, the inclusion of the hydration sphere is not necessary, while it is important for the emission spectra, which was not the case of the present study. Additionally, the use of the $6-31G(d,p)$ basis set led to a similar absorption spectrum to that with the use of the Def2TZVP basis set. Finally, the comparison of our computational absorption spectra with our experimental ones showed that the used methodologies were adequate for the present study.

All calculations were performed using the Gaussian 16 program package [\[80](#page-27-7)[–83\]](#page-27-8). The coordinates of all the optimum structures are included in Appendix [A.](#page-14-1)

4. Conclusions

The present study provides the first complete VUV photo-absorption spectrum of EGCG in the energy range from 4.0 to 9.0 eV, which was measured by high-resolution vacuum ultraviolet (VUV) spectroscopy and was calculated by DFT and TDDFT methodologies. Conformational analyses of EGCG were carried out, and the electronic structure and the absorption spectra of the lowest in energy structures were computed. The solvent was included both implicitly and explicitly, including a different number of solvent molecules. Additionally, the interaction of EGCG with the DPPG lipid was calculated and the effect of the EGCG–lipid interaction on the EGCG spectra was studied. Finally, for all experimentally measured absorption bands observed in the VUV spectra of EGCG in a water solvent, assignments to the calculated electronic transitions were provided.

Our theoretical calculated spectra are in good agreement with the experimental spectrum. Our best theoretical results were obtained at the PBE0/6-311+G(d,p) level, including the solvent both implicitly and explicitly. The interaction of EGCG with the lipid changes slightly the calculated spectra regarding the relative positions of the peaks, in agreement with the experimental findings.

Both spectra of EGCG and of DPPG-EGCG have a peak around 150 nm, which is assigned to an electron transfer transitions from resorcinol–pyrogallol groups to different smaller groups of the EGCG molecule. It was measured experimentally that the relative absorbance of the peaks changes mainly around this area and, moreover, the peak around 150 nm is an intense one. This increase in absorbance is attributed both to the DPPG absorbance and to the EGCG-DPPG interaction.

Considering the biological role of EGCG in protecting cellular membranes against UV radiation-induced damage, the present analysis of the electronic structure may have important implications for cancer therapy since the effectiveness of chemotherapeutic agents is higher in cancer cells when they are combined with EGCG.

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Conflicts of Interest: The authors declare no conflicts of interest.

Appendix A

Table A1. Range of the calculated excited states at the different levels of theory in water and in the gas phase.

a e isomer minimum.

In Water Gas Phase \mathbf{F} **C H**. . O d_{RG} d_{RP} d_{GP} \vert **E** T_e **B3LYP/1** a −1676.693083 0.00 117.4 92.4 37.9 -1676.665521 0.00 **B3LYP/2** −1677.164384 115.7 92.0 38.5 −1677.139278 **PBE0/1** −1674.888070 118.2 90.7 37.5 −1674.859105 **PBE0/2** −1675.318953 115.8 89.9 37.4 −1675.294211 **M06- 2X/1** −1676.074336 −1676.074336 125.2 87.3 41.6 −1676.045304 **M06- 2X/2** −1676.556038 −1676.556038 125.1 86.5 42.4 −1676.533133 **B3LYP/1 b** −1676.692836 0.15 117.3 92.2 37.9 -1676.664729 0.50 **B3LYP/1** c −1676.691699 0.87 117.8 93.4 36.0 −1676.660470 3.17 **B3LYP/1** d −1676.691493 1.00 118.1 92.0 38.3 -1676.664965 0.35 **B3LYP/1** e −1676.690890 1.38 1.987 153.9 97.1 59.8 -1676.663490 1.27 **PBE0/2** e −1675.315340 2.27 1.992 163.2 105.1 62.4 **B3LYP/1 f** −1676.690692 1.50 1.987 155.3 98.1 60.3 −1676.662129 2.13 **B3LYP/1** g −1676.689325 2.36 1.988 157.5 99.3 61.0 -1676.662352 1.99 **B3LYP/1** h −1676.687670 3.40 2.008 156.6 98.4 62.8 -1676.656006 5.97

Table A2. Absolute energies E (hartree), relative energies Te (kcal/mol), van der Waals bond distances H. . . O (\AA) between the H of pyrogallol ring and O of gallate ring, and dihedral angles d (degrees) between resorcinol, gallate, and pyrogallol rings at the B3LYP, M06-2X, and PBE0/6-31G(d,p) (1) and $6-311+G(d,p)$ (2) levels of theory in water solvent and in the gas phase.

Table A3. Absolute energies E (hartree) and range of the calculated excited states in eV at the different levels of theory in water and in the gas phase.

Table A3. *Cont.*

a e isomer minimum. ^a e isomer minimum.

Figure A1. *Cont*.

Figure A1. *Cont*.

Figure A1. *Cont*.

→ 135 nm.

Figure A1. PBE0/6-311+G(d,p) electron density plots of the frontier orbitals involving the most **Figure A1.** PBE0/6-311+G(d,p) electron density plots of the frontier orbitals involving the most important absorption excitations of the EGCG molecule in a water solvent. important absorption excitations of the EGCG molecule in a water solvent.

Table A4. Absorption maxima, $λ_{max}$ (nm), vertical excitation energies $ΔE_v^a ΔEv$ (eV) S0→Sx absorption maxima, and f-values of the isomers of the EGCG molecule at different levels of theory in the gas phase and in the water solvent; 1: B3LYP, 2: M06-2X, 3: PBE0, i: 6-31G(d,p), ii: 6-311+G(d,p).

^a A second maximum peak.

l,

Table A5. Absorption maxima, $λ_{max}$ (nm), vertical excitation energies $ΔE_v^a(eV)$ S0→Sx absorption maxima, f-values of the lowest energy a isomer of the EGCG molecule at different levels of theory in a water solvent; 1: B3LYP, 2: PBE0, i: 6-31G(d,p), ii: 6-311+G(d,p).

	λ_{max}	ΔE_v^a	$\mathbf f$												
EGCG															
1i	274.9	4.51	0.352	197.7	6.27	1.059	167.4	7.41	0.158	124.8	9.93	0.028	112.9	10.98	0.75
1ii	276.1	4.49	0.354	207.1	5.99	0.332	168.9	7.34	0.080	160.2	7.74	0.057	134.7	9.21	0.026
2i	266.1	4.66	0.311	194.5	6.37	0.678	161.7	7.67	0.188	128.1	9.68	0.051	109.3	11.35	0.049
2ii	267.6	4.63	0.309	201.4	6.16	0.375	175.7	7.06	0.084	164.6	7.53	0.077	134.7	9.20	0.028
2ii ^a	263.0	4.71	0.202	203.5	6.09	0.646	169.8	7.30	0.070	159.2	7.79	0.139	134.9	9.19	0.026
EGCG_1w															
2i	272.3	4.55	0.329	193.0	6.43	0.870	163.7	7.57	0.120	128.4	9.68	0.054	117.0	10.60	0.021
2ii	272.7	4.55	0.331	201.6	6.15	0.354	176.4	7.03	0.052	165.6	7.49	0.066	146.0	8.49	0.020
													(136.1)	9.11	0.024)
2ii ^a	267.8	4.63	0.248	203.6	6.09	0.596	167.4	7.41	0.091	159.6	7.77	0.129	141.0	8.79	0.015
EGCG_7w															
2i	265.8	4.66	0.159	194.1	6.39	1.246	161.8	7.67	0.144	129.0	9.61	129.0	118.0	10.50	0.018
2ii	266.3	4.66	0.190	202.2	6.13	0.996	176.7	7.02	0.105	165.8	7.48	0.073	143.5	8.64	0.016
							EGCG_11w								
2i	265.1	4.68	0.262	194.1	6.39	0.824	161.5	7.68	0.197	129.0	9.61	0.089	120.7	10.27	0.024
2ii	268.2	4.62	0.204	202.9	6.11	1.002	177.9	6.97	0.102	164.6	7.53	0.075	144.6	8.57	0.016
							DPPG								
2ii ^b	215.8	5.74	0.003	178.7	6.94	0.045	156.7	7.91	0.037						
$2ii$ ^c	211.0	5.88	0.002	180.2	6.88	0.029	155.4	7.98	0.025	142.4	8.71	0.040			
							DPPG_EGCG								
2i	265.5	4.67	0.353	194.0	6.39	0.776	161.7	7.67	0.171	130.1	9.53	0.040	119.8	10.35	0.025
2ii	268.6	4.62	0.197	201.9	6.14	0.396	178.3	6.95	0.087	165.9	7.47	0.076	140.2	8.85	0.022
2ii ^a	263.3	4.71	0.199	204.0	6.08	0.673	170.6	7.27	0.087	160.2	7.74	0.176	142.1	8.73	0.027
							DPPG_EGCG_1w								
2i	272.2	4.56	0.375	192.9	6.43	0.906	163.6	7.58	0.221	128.1	9.68	0.038	124.1	9.99	0.033
2ii	274.6	4.52	0.364	202.8	6.11	0.480	179.9	6.89	0.135	165.7	7.48	0.134	139.9	8.86	0.018
2ii ^a	269.2	4.61	0.257	204.1	6.07	0.659	169.7	7.31	0.079	160.8	7.71	0.113	138.1	8.98	0.016
	DPPG_EGCG_7w														
2i	264.8	4.68	0.251	194.0	6.39	1.256	161.3	7.69	0.190	129.0	9.61	0.065	121.4	10.21	0.037
2ii	268.2	4.62	0.227	202.4	6.13	0.910	178.1	6.96	0.122	164.9	7.52	0.077	141.3	8.77	0.018

^a e minimum of EGCG. ^b DPPG in the DPPG_EGCG geometry. ^c Geometry-optimized DPPG.

260 240 220 200 180

40 excited states in the gas phase (B3LYP)

Figure A2. Absorption spectra of different isomers of EGCG (a–h) at B3LYP, M06-2X, and PBE0 using the 6-31G(d,p) (i) and 6-311+G(d,p) (ii) basis sets in the gas phase and in the water solvent.

 280

260 240 220 200 180
Excitation Energy (nm)

 161

Figure A4. Absorption spectra of the e minimum of EGCG-e, EGCG-e_w, DPPG_EGCG-e, **Figure A4.** Absorption spectra of the e minimum of EGCG-e, EGCG-e_w, DPPG_EGCG-e, **Figure A4.** Absorption spectra of the e minimum of EGCG-e, EGCG-e_w, DPPG_EGCG-e,
DPPG_EGCG-e_w, and DPPG (a, 100 states) in DPPG_EGCG geometry and (b, 250 states) in geometryoptimized DPPG minimum at the PBE0/6-311+G(d,p) level of theory in the water solvent.

Figure A5. Calculated UV–visible absorption spectrum of EGCG in water; 1: 6-31G(d,p), 2: 6-311+G(d,p). 311+G(d,p). 311+G(d,p).

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